



Course Instructions

NOTE: The following two pages contain a preview of the final exam. The final exam is identical to the final exam that you will take online **after you purchase the course.**

After you purchase the course online, you will be taken to a receipt page online which will have a link to take the final exam. You will then click on this link to begin taking the exam. The link will also be emailed to you.

3 Easy Steps to Complete the Course:

- 1.) **Read the Course PDF – download from our website**
- 2.) **Purchase the Course Online & Take the Final Exam – see note above**
- 3.) **Print Out Your Certificate**

The Practice of Massage Therapy – Final Exam

1. **Massage has a long tradition in several medical cultures.**
 - a. True
 - b. False

2. **Considering *Uncontrolled Data, Traditional Use*, when an adverse drug reaction occurs with a frequency of 1 in 2000, one needs to monitor _____ users to have a 95% chance that the adverse reaction will be observed at least once:**
 - a. 1000
 - b. 20,000
 - c. 50
 - d. 6000

3. **Regarding *Controlled Clinical Trials*, the need for controlled studies to evaluate the effectiveness of a treatment is often:**
 - a. overstated
 - b. misunderstood
 - c. understated
 - d. disregarded

4. **With respect to Blinded versus open studies, blinding relates to the fact that the two, three or more parties involved in a clinical trial are masked as to the intervention (i.e. active or control).**
 - a. True
 - b. False

5. **Considering the *results of the survey of training and practice patterns*, most massage therapists were _____ (85%), white (95%), and had completed some continuing education training:**
 - a. women
 - b. older
 - c. less than 30 years old
 - d. men

6. As per Table 1, *Demographic and training characteristics*, _____ of practitioners in Washington State had training in pregnancy massage:
- a. 10%
 - b. 3%
 - c. 1%
 - d. 22%
7. As per Table 4, *Massage techniques emphasized*, the data was obtained in _____ and Washington:
- a. Vermont
 - b. Oregon
 - c. Kentucky
 - d. Connecticut
8. Considering *Meaning and challenges in the practice, Conclusions*, the training received, the number of therapies trained in, and the practice descriptors of TMB practitioners are all highly variable.
- a. True
 - b. False
9. As per Figure 1, *Meaning and challenges in the practice*, depicts:
- a. the total number of therapies in which a practitioner has trained
 - b. the total number of practitioners participating in the study
 - c. the number of hours of training received
 - d. the total number of licensed massage therapists in Texas in 2010
10. *Theme 4: Clinical practice treatments are the same as the treatment protocols used in research.*
- a. True
 - b. False